# Antimicrobial Treatment Guideline for COVID-19

Last updated: 5/1/2020

In December 2019, a novel coronavirus (2019-nCoV or SARS-CoV-2) was first identified as a cause of respiratory illness (coronavirus disease 2019, COVID-19) among patients in Wuhan, Hubei Province, China. Since that time, the spread of this virus has become a global health concern.

Currently, there are no medications licensed specifically for use against COVID-19, though several agents are undergoing evaluation in pre-clinical and clinical studies. In the absence of targeted therapies, several FDA-approved agents have been proposed as potential options to repurpose for use against COVID-19. The rationale for use of these agents is based mostly on data extrapolated from other viruses, including related coronaviruses such as those associated with Severe Acute Respiratory Syndrome (SARS) and Middle Eastern Respiratory Syndrome (MERS).

The recommendations below are meant to inform clinicians until further guidance becomes available from organizations such as the Centers for Disease Control and Prevention (CDC) and World Health Organization (WHO). Because the data surrounding COVID-19 treatment is rapidly evolving, these recommendations are subject to change. We continue to evaluate newly available studies on a daily basis and update this guideline accordingly. *Of note, the Infectious Diseases Society of America (IDSA) and National Institutes of Health (NIH) currently do not recommend the use of any specific antiviral therapy unless used in the context of a clinical trial.* 

For additional up-to-date information, the CDC and WHO websites can be accessed via the links below: CDC: <u>https://www.cdc.gov/coronavirus/2019-nCoV/hcp/index.html</u> WHO: https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-guidance

#### **Recommended Therapies**

Because there are currently no medication therapies directed specifically at COVID-19, the mainstay of treatment for most patients consists of supportive care and appropriate infection prevention and control measures.

• See the Inpatient Evaluation and Management Guidelines for COVID-19 for additional information

Some additional therapies have demonstrated safety and may potentially be efficacious against COVID-19. However, these agents should be used with caution and reserved for critically ill patients or those deemed to be at higher risk for COVID-19 complications (<u>Table 1</u>). Use of these agents (<u>Table 2</u>) for the treatment of COVID-19 is restricted to ASP approval (via **pager #10307**) or ID consult **24 hours per day**, **7 days per week.** Refer to Appendix C for additional details.



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# Table 1: Highly Suspected or Confirmed COVID-19 Treatment Recommendations Based on Treatment Setting and Illness Severity

| Treatment Setting                  | Treatment Recommendations Regardless of Age, Comorbidities, or<br>Immunocompromised Status   |  |
|------------------------------------|--|--|
| Outpatient Setting Supportive Care |  |  |
|                                    | Mild Disease – Without pneumonia and requiring <4L of new O2   |  |
|                                    | Supportive Care  |  |
|                                    | <b>Moderate Disease</b> – Pneumonia requiring hospitalization, not meeting criteria for severe disease OR no evidence of pneumonia, but requiring <u>&gt;</u> 4L of new O2   |  |
| Inpatient Setting*                 | Consider Treatment**   |  |
|                                    | <b>Severe Disease –</b> Requiring mechanical ventilation OR impending respiratory failure requiring intubation (RR>30 breaths/min; O2 saturation <a href="#requires-93%"></a> on room air; PaO2/FiO2 ratio <a href="#requires-300mmHg"></a> on room air; PaO2/FiO2 ratio <a href="#requires-300mmHg">&gt;</a> >>>>>>>>>>>>>>>> |  |
|                                    | Consider Treatment**   |  |

\*Treatment requires approval 24/7 – see Appendix C

\*\*Strongly consider treatment if duration of illness  $\geq$  7 days

#### Table 2: Adjunctive Antimicrobial Therapies to Consider in Patients Meeting Criteria for Treatment

| Medication  | Dose  | Indication for Use  | Other Information  |  |  |
|---|---|---|--|--|--|
| If Patient Is Intubated                                     | If Patient Is Intubated   |   |  |  |  |
| Remdesivir  | 200 mg IV x1 day, then 100<br>mg IV daily x4-9 days<br>No adjustment for renal<br>impairment/ECMO | <ul> <li>Non-FDA-approved<br/>agent available via<br/>expanded access<br/>for a limited number<br/>of patients meeting<br/>inclusion criteria or<br/>via compassionate<br/>use available only<br/>to pregnant patients</li> </ul> | • See <u>Appendix A</u> for<br>inclusion/ exclusion<br>criteria and additional<br>information on how to<br>obtain this product   |  |  |
| Hydroxychloroquine*<br>(Plaquenil®) PO<br><u>suspension</u> | 400 mg BID x1 day, then<br>200 mg PO BID x4 days**<br>No adjustment for renal<br>impairment       | Consider use in<br>patients who do not<br>meet criteria for<br>remdesivir or while<br>awaiting remdesivir   | <ul> <li>May cause QTc<br/>prolongation – See<br/><u>Appendix B</u></li> </ul>   |  |  |
| If Patient Is NOT Intu                                      | bated   |   |  |  |  |
| Hydroxychloroquine*<br>(Plaquenil®)<br>PO <u>tablets</u>    | 400 mg BID x1 day, then<br>200 mg PO BID x4 days**<br>No adjustment for renal<br>impairment       |   | <ul> <li>Tablets cannot be<br/>crushed – use<br/>hydroxychloroquine<br/>suspension for tube<br/>administration</li> <li>May prolong QTc –<br/>See <u>Appendix B</u></li> </ul> |  |  |

\*If inadequate hydroxychloroquine supply, may substitute chloroquine 500 mg PO BID x5-10 days. See Appendix B.

\*\*May extend hydroxychloroquine course up to 10 days based on clinical response.

#### Antimicrobial Therapies Not Currently Recommended

Due to lack of efficacy data and/or evidence of potential harm, the therapies below are not recommended for the specific treatment of COVID-19 at this time, unless otherwise indicated (Table 4). Of note, <u>Vitamin C</u>, <u>Vitamin D</u>, <u>zinc</u>, nor any medications listed in Tables 2-3 have been shown to prevent COVID-19.

| Medication  | Comments   |
|---|--|
| Azithromycin  | Insufficient data to support use. Open label study (n=80) suggested benefit when given in combination with hydroxychloroquine, but many patients were asymptomatic or had upper respiratory symptoms only, and only 15% were febrile or required oxygen. Previous study in MERS showed no benefit on mortality or viral clearance. |
| Baloxavir marboxil  | No evidence to support use and potential for adverse effects, including severe and sometimes fatal hypersensitivity reactions  |
| Interferon  | No definitive evidence of benefit against SARS-CoV-2 and other coronaviruses and significant potential for adverse effects.  |
| Ivermectin  | In vitro activity against SARS-CoV-2 and other viruses, but no clinical outcomes data specific to COVID-19 to suggest safety or efficacy. Based on in vitro findings, significantly higher doses than usually given would be required to achieve adequate serum concentrations.  |
| Lopinavir/ritonavir   | No definitive evidence of benefit against SARS-CoV-2 <i>in vivo</i> . Available data has shown high rates of patient intolerance. The NIH Guidelines recommend against the use of lopinavir/ritonavir or other HIV protease inhibitors for the treatment of COVID-19, except in the context of a clinical trial.                   |
| Nitazoxanide  | In vitro activity against SARS-CoV-2 and other coronaviruses but no clinical outcomes data specific to COVID-19. Failed to demonstrate benefit when added to standard care in randomized controlled trial of patients hospitalized with respiratory viral illness including small number with other coronaviruses.                 |
| Oseltamivir   | No in vitro activity against coronaviruses. Should only be used if influenza is suspected or confirmed.  |
| Ribavirin   | Some data from other coronaviruses suggest synergy when given with lopinavir/ritonavir. No definitive evidence of benefit against SARS-CoV-2 <i>in vivo</i> , and risk of toxicity with higher doses that were used for SARS and MERS outweigh potential benefit.  |
| Other antiretrovirals<br>(e.g. abacavir, boosted<br>darunavir, tenofovir) | Ongoing clinical trials with darunavir/cobicistat but no in vitro or clinical outcomes data. Other agents such as abacavir, tenofovir, and nelfinavir have been proposed, but not enough data to support use at this time.   |

#### Table 3: Therapies Not Currently Recommended

#### Other Therapies for Consideration

If <u>convalescent plasma</u> is being considered for COVID-19, with a recommendation provided by an Infectious Diseases provider, refer to the <u>Convalescent Plasma Expanded Access Program Workflow</u> for information regarding eligibility, patient consent, and the approval process.

Additional recommendations for non-antimicrobial medications associated with complications and comorbidities associated with COVID-19 (e.g. IVIG, tocilizumab, corticosteroids, ACEI/ARBs, NSAIDS, etc.) can be found in the <u>Inpatient Evaluation and Management Guidelines for COVID-19</u>.

#### Appendix A. Remdesivir Expanded Access and Compassionate Use How-To

Remdesivir is a non-FDA approved agent manufactured by Gilead Sciences.

OSUWMC is not enrolled in remdesivir clinical trials; therefore, the mode of acquisition is via either compassionate use or expanded access. <u>Compassionate use is only available for pregnant patients</u> at this time. Remdesivir is now <u>available via expanded access at OSU for a limited number of patients</u> meeting inclusion criteria.

Inclusion/exclusion criteria for remdesivir compassionate use and expanded access as set forth by Gilead at this time are as follows (subject to change):

#### Inclusion Criteria:

- Hospitalization
- Confirmed SARS-CoV-2 by PCR
- Mechanical ventilation
- Pregnancy

#### **Exclusion Criteria:**

- Evidence of multi-organ failure
- Pressor requirements to maintain blood pressure
- ALT levels > 5 X ULN
- CrCl < 30 mL/min or dialysis or continuous veno-venous hemofiltration
- Remdesivir cannot be used in conjunction with other experimental antiviral agents for COVID-19

#### Use via expanded access program:

Under development

#### Obtaining drug via compassionate use:

If a patient warrants treatment according to <u>Table 1</u> above and meets inclusion/exclusion criteria for use, the treating physician should submit a compassionate use request on behalf of the patient to Gilead at <u>https://rdvcu.gilead.com/.</u> Once the request is submitted, Gilead will be in communication with the provider to approve or decline use or to request additional information.

For shipment of remdesivir use the following information when completing the form:

Pharmacy/Hospital Name: The Ohio State University Medical Center Pharmacist/pharmacy Contact Name: Investigational Drug Service Address: Investigational Drug Service 460 W. 10<sup>th</sup> Ave, Room C150N Columbus, OH 43210 E-mail: pharmacy.ids@osumc.edu

Phone: 614-293-4560 Cell Phone: 614-293-3312 (central pharmacy)

For after-hours assistance with drug receipt, see service coverage for IDS on-call or page 614-730-4615. For more information regarding the compassionate use process in general, please refer to the <u>OSUWMC</u> <u>Expanded Use ("Compassionate Use") of Investigational Products</u> guideline.

#### Appendix B. Cardiac Monitoring for Chloroquine (CQ)/Hydroxychloroquine (HCQ)

- 1. Place patients on telemetry and obtain baseline 12 lead ECG
- 2. Discontinue all QT-prolonging medication if possible. Consult medical specialty associated with medication for concerns with discontinuation risk or for alternatives. Consult pharmacy for assistance if needed for profile review to identify QT-prolonging medications.
- Please correct electrolyte abnormalities, specifically potassium (> 4mmol/L) and magnesium (> 2mg/dL). We recommend that as you are starting to replete electrolytes, the drug therapy should not be delayed
- 4. Recognize that the likelihood for a malignant ventricular arrhythmia or a worrisome prolongation of the QTc is quite low (< 2%)
- 5. Regardless of the pre-drug / baseline QTc, give first dose
- 6. Obtain 6-lead telemetry or 12-lead ECG 2 hours after first dose
  - a. If pre-drug QRS duration is < 120ms, can proceed with the second dose if the QTc < 520msec
  - b. If pre-drug QRS duration is > 120ms, with native (meaning not paced) conduction, can proceed to give second dose if the QTc is < 570msec
  - c. For paced QRS complex, QTc monitoring is not indicated, and thus would hold the medication and obtain an EP consult **only** if the patient experiences a ventricular arrhythmia
- 7. For concerns regarding ventricular arrhythmias or excessive QT prolongation, EP consult can be obtained to review the ECG
  - a. Activation of a consult is completed using the usual protocol through IHIS
  - b. For these consults, the primary team **must** upload each of the concerning telemetry strips and/or 12-lead ECG to the *Media tab* of the patient's IHIS chart
  - c. The EP staff will complete a remote e-consult by reviewing the uploaded images in the *Media tab* of IHIS. The consult will provide an interpretation of the rhythm and QTc but cannot discern the risks/benefits of continued medical therapy
  - d. EP staff will not be evaluating the patient with a face-to-face visit
  - e. Overnight consultation will be reviewed the subsequent day and the e-consult will be completed in a timely manner
- 8. If any evidence of torsade de pointes on telemetry, discontinue CQ/HCQ and request EP consultation
- 9. Telemetry should be continued while the patient is receiving CQ/HCQ
- 10. Unless there is worrisome arrhythmia, the ECG needs to be obtained only at baseline and after the first dose of the medication

|                     |  | Day Response<br>(0800-1700)        | Night Response<br>(1701-0759)      |
|---------------------|--|------------------------------------|------------------------------------|
|                     | Patient Scenario   | Who To Contact                     | Who To Contact                     |
| COVID test pending  | No ID consult or ID consult pending  | On-Call ID Fellow                  | On-Call ID Fellow                  |
|                     | No ID consult, or ID<br>consult pending <b>(placed<br/>after 1200)</b>   | COVID Medication<br>Approval Pager | COVID Medication<br>Approval Pager |
|                     | ID consult pending<br>(placed before 1200)   | On-Call ID Fellow                  | On-Call ID Fellow                  |
| COVID test positive | ID actively following,<br>review of ID note does<br>not indicate need for<br>therapy and COVID<br>testing results <b>did</b><br><b>not</b> return after ID note<br>provided in chart | ID Service Fellow                  | On-Call ID Fellow                  |
|                     | ID actively following or<br>suspect COVID note left,<br>COVID positive<br>result <b>did</b> return after ID<br>note provided in chart  | ID Service Fellow                  | COVID Medication<br>Approval Pager |
|                     | ID actively following or<br>suspect COVID note left,<br>medication<br>recommended but<br>approval code not<br>provided in note or order  | ID Service Fellow                  | On-Call ID Fellow                  |

#### Appendix C. COVID-19 Medication Approval Process

#### Notes:

- Active/pending ID consults can be seen under the Referrals tab→IP Consult to Infectious Disease
- Remdesivir requests will be processed 0800-1700 each day
- Requests for emergent tocilizumab **must** be routed to the ID service fellow/on-call ID fellow (requires a conversation with the intensivist and ID attending)
- Discussion of the benefits vs risks of corticosteroids should be routed to the ID service fellow/oncall ID fellow

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# **COVID-19: Antimicrobial Treatment Guideline**

- Recommendations below are meant to inform clinicians until further guidance becomes available from organizations such as the <u>Centers for Disease Control and Prevention (CDC)</u> and <u>World Health Organization (WHO)</u>. Data surrounding treatment is rapidly evolving and these recommendations are subject to change.
- Of note, the *Infectious Diseases Society of America (IDSA)* and *National Institutes of Health (NIH)* currently do not recommend the use of any specific antiviral therapy unless used in the context of a clinical trial.
- Currently no medication therapies are directed specifically at COVID-19. The mainstay of treatment for most patients consists of supportive care and appropriate infection prevention and control measures
  - o See the Inpatient Evaluation and Management Guidelines for COVID-19 for additional information

#### Table 1: Treatment Recommendations for Highly Suspected / Confirmed COVID-19

| Setting / Severity of Illness          | Description  | Treatment   |  |
|--|--|---|--|
| Outpatients<br>Inpatients Mild Disease | Inpatients without pneumonia and requiring < 4L of new O <sub>2</sub>  | Supportive Care   |  |
| Inpatients Moderate Disease            | Pneumonia requiring hospitalization, not<br>meeting criteria for severe disease OR no<br>evidence of pneumonia, but requiring ≥<br>4L of new O <sub>2</sub>  | Strongly consider treatment if  |  |
| Inpatients Severe Disease              | Requiring mechanical ventilation OR<br>impending respiratory failure requiring<br>intubation (RR > 30 breaths/minutes; O <sub>2</sub><br>saturation ≤ 93% on room air; PaO <sub>2</sub> /FiO <sub>2</sub><br>ratio < 300 mmHg) | <ul> <li>duration of illness ≥ 7 days</li> <li>Inpatient Treatment requires<br/>approval 24/7 (Appendix C)</li> </ul> |  |

Treatment recommendations regardless of age, comorbidities, or immunocompromised status

| Table 2: Adjunctive Antimicrobial Therapies to Consider in Patient Meeting Criteria for Treatment   |  |  |  |
|---|--|--|--|
| Medication  | Dose   | Indication for Use   | Additional Information   |
| Remdesivir  | <ul> <li>200 mg IV x 1 day</li> <li>Then 100 mg IV daily x 4-9 days</li> <li>No adjustment for renal impairment/ ECMO</li> </ul>   | <ul> <li>Non-FDA-approved agent<br/>available via<br/>compassionate use,<br/>expanded access, and<br/>emergency use<br/>authorization</li> </ul> | <ul> <li>See Appendix A for<br/>additional information<br/>on how to obtain this<br/>product</li> <li>Baseline and daily<br/>hepatic function labs<br/>required</li> </ul> |
| Hydroxychloroquine<br>(Plaquenil®) PO<br>Suspension<br>(intubated) or<br>Tablets (not<br>intubated) | <ul> <li>400 mg BID x 1 day</li> <li>Then 200 mg PO BID x 4 days</li> <li>No adjustment for renal<br/>impairment</li> <li>If inadequate supply, may<br/>substitute chloroquine 500 mg<br/>PO x 5-10 days (Appendix B)</li> <li>May extend course up to 10 days<br/>based on clinical response</li> </ul> | <ul> <li>Consider use in patients<br/>who do not meet criteria<br/>for remdesivir or while<br/>awaiting remdesivir</li> </ul>                    | <ul> <li>May cause QTc<br/>prolongation (See<br/>Appendix B)</li> <li>Tablets cannot be<br/>crushed – use<br/>suspension for tube<br/>administration</li> </ul>            |

Use of these agents to treat COVID-19 requires ASP approval 24 hours/day, 7 days/week (Pager #10307 or ID consult)



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| Table 3: Antimicrobial Therapies NOT Currently Recommended  |  |  |
|---|--|--|
| Medication  | Comments   |  |
| Azithromycin  | <ul> <li>Insufficient data to support use</li> <li>Open label study (n=80) suggested benefit when given in combination with hydroxychloroquine, but many patients were asymptomatic or had upper respiratory symptoms only, and only 15% were febrile or required oxygen.</li> <li>Previous study in MERS showed no benefit on mortality or viral clearance</li> </ul> |  |
| Baloxavir marboxil  | <ul> <li>No evidence to support use and potential for adverse effects, including severe and<br/>sometimes fatal hypersensitivity reactions</li> </ul>  |  |
| Interferon  | <ul> <li>No definitive evidence of benefit against SARS-CoV-2 and other coronaviruses and<br/>significant potential for adverse effects</li> </ul>   |  |
| lvermectin  | <ul> <li>In vitro activity against SARS-CoV-2 and other viruses, but no clinical outcomes data specific to COVID-19 to suggest safety or efficacy</li> <li>Based on <i>in vitro</i> findings, significantly higher doses than usually given would be required to achieve adequate serum concentrations</li> </ul>  |  |
| Lopinavir/ritonavir   | <ul> <li>No definitive evidence of benefit against SARS-CoV-2 <i>in vivo</i></li> <li>Available data has shown high rates of patient intolerance</li> <li>The NIH guidelines recommend against the use of lopinavir/ritonavir or other HIV protease inhibitors for the treatment of COVID-19, except in the context of a clinical trial</li> </ul>                     |  |
| Nitazoxanide  | <ul> <li>In vitro activity against SARS-CoV-2 and other coronaviruses but no clinical outcomes data specific to COVID-19</li> <li>Failed to demonstrate benefit when added to standard care in randomized controlled trial of patients hospitalized with respiratory viral illness including small number with other coronaviruses</li> </ul>                          |  |
| Oseltamivir   | <ul> <li>No <i>in vitro</i> activity against coronaviruses</li> <li>Should only be used in influenza is suspected or confirmed</li> </ul>  |  |
| Ribavirin   | <ul> <li>Some data from other coronaviruses suggest synergy when given with lopinavir/ritonavir</li> <li>No definitive evidence of benefit against SARS-CoV-2 <i>in vivo</i>, and risk of toxicity with higher doses that were used for SARS and MERS outweigh potential benefit</li> </ul>  |  |
| <b>Other antiretrovirals</b><br>(e.g. abacavir, boosted<br>darunavir, tenofovir)  | <ul> <li>Ongoing clinical trials with darunavir/cobicistat but no <i>in vitro</i> or clinical outcomes data</li> <li>Other agents such as abacavir, tenofovir, and nelfinavir have been proposed, but not enough data to support use at this time</li> </ul>   |  |
| <ul> <li>Due to lack of efficacy data and/or evidence of potential harm, the therapies above are not recommended for <u>the</u> <u>specific treatment of COVID-19</u> at this time, unless otherwise indicated (Table 4)</li> <li>Of note, <u>Vitamin C</u>, <u>Vitamin D</u>, <u>zinc</u>, nor any medications listed in Tables 2-3 have been shown to prevent COVID-19</li> </ul> |  |  |
| Table 4: Other Therapies for Consideration  |  |  |
| Convalescent Plasma   | • Refer to <u>Convalescent Plasma Expanded Access Program Workflow</u> for information regarding eligibility, patient consent, and the approval process for COVID-19 patients in whom this therapy is <i>recommended by an Infectious Disease provider</i>   |  |
| Non-Antimicrobial<br>Medications  | <ul> <li>Additional recommendations for non-antimicrobial medications associated with<br/>complications and comorbidities linked to COVID-19 (e.g. IVIG, tocilizumab, corticosteroids,<br/>ACEI/ARBs, NSAIDS, etc.) refer to the <u>Inpatient Evaluation and Management Guideline for</u><br/><u>COVID-19</u></li> </ul>   |  |

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#### Appendix A: Request for Remdesivir Therapy

- Remdesivir is a non-FDA approved agent manufactured by Gilead Sciences.
- OSUWMC is not enrolled in remdesivir clinical trials; therefore, the mode of acquisition via the <u>compassionate use</u> or expanded access protocol, or allocated supply under the <u>emergency use authorization (EUA)</u>.
- The compassionate use program is an application process directly through the manufacturer and allows for single patient use of product. The manufacturer will ship medication to OSUWMC if approved.
- Compassionate use is only available for pregnant patients with dyspnea at this time.
- The expanded access protocol is offered through the manufacturer with multi-patient product use in select circumstances, with product storage at OSUWMC.
- Expanded access protocol is only available for mechanically ventilated patients and is not available to prisoners or patients located at the Ohio State University East Hospital.
- The emergency use authorization allows for use in adults with proven COVID-19 infections with O<sub>2</sub> < 94% on room air, requiring supplemental oxygen *or* mechanical ventilation *or* ECMO.
- Informed consent **is required** with all product pathways highlighted above.

| Request Process  | Additional Details   |
|--|--|
| Treating physician<br>determines if<br>patient meets<br>ineligibility criteria | <ul> <li>Ineligibility criteria:</li> <li>Known hypersensitivity to remdesivir</li> <li>ALT ≥ 5 x UL of normal</li> <li>eGFR &lt; 30 mL/minute (unless benefit outweighs risk)</li> <li>Symptoms of COVID-19 illness &gt; 10 days</li> <li>Mechanical ventilation &gt; 14 days AND a negative current COVID-19 lower respiratory sample</li> <li>Improving on current treatment/supportive regimen(s) as evidenced by improving oxygenation, and/or impending discharge</li> <li>Patients in whom the clinical team believes death is in the immediate short-term and administration of remdesivir is unlikely to change the clinical outcome</li> </ul> |
| Treating physician<br>enters IHIS orders                                       | <ul> <li>IP Infectious Diseases (if not already placed, reason for consult: "remdesivir")</li> <li>IP Pharmacy (reason for consult: "other – please specify", specify "remdesivir")</li> </ul>   |
| Triage Team<br>reviews requests<br>1-2 times daily<br>7 days/week              | <ul> <li>Outcome will be provided in a written progress note and</li> <li>Communicated directly to the primary team</li> <li>See <u>house staff announcement</u> for further information on product screening and allocation</li> <li>See expanded access or compassionate use sections for additional information if approved</li> </ul>  |

#### Table 5: Steps for Remdesivir EUA Ordering and Monitoring Following Approval

| Step  | Additional Details  |  |  |  |
|---|---|--|--|--|
| Informed Consent  | The treating physician must confirm consent with the patient or legally authorized  |  |  |  |
|   | representative and document all of the following in the chart:  |  |  |  |
| Do not obtain   | <ul> <li>Patient given the Fact Sheet for Patients and Parents/Caregivers (<u>English</u>) or (<u>Spanish</u>)</li> </ul> |  |  |  |
| consent until after   | <ul> <li>Patient was informed of alternatives to remdesivir</li> </ul>  |  |  |  |
| <i>approval</i> • Patient was informed that remdesivir is an unapproved drug authorized under |   |  |  |  |
|   | • After consent is documented, the treating physician should page the ASP pharmacist (x9394) to                           |  |  |  |
| Ordering Process  | request placement of the remdesivir order   |  |  |  |
|   | Remdesivir orders are only visible to pharmacists   |  |  |  |
|   | Baseline chemistries and hepatic function panel prior to beginning remdesivir therapy.                                    |  |  |  |
| Clinical  | <ul> <li>Daily hepatic function panel throughout course</li> </ul>  |  |  |  |
| Monitoring  | <ul> <li>Discontinue therapy if ALT &gt; 5 x UL of normal OR ALT elevation with liver dysfunction</li> </ul>              |  |  |  |
| wonitoring  | The Infectious Diseases team will assess the patient on treatment day 5 and recommend                                     |  |  |  |
|   | continuing or discontinuing therapy based on clinical response  |  |  |  |



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| Table 5: Steps for Remdesivir EUA Ordering and Monitoring Following Approval |  |  |  |  |
|--|--|--|--|--|
| Mandatory<br>Medication Error<br>and Adverse<br>Event Reporting              | <ul> <li>The treating physician is responsible for responding to requests from the FDA and reporting medication errors and adverse drug events within 7 days of the onset of the event</li> <li>This report can be submitted online to FDA MedWatch AFTER a data release is granted by the institution. The description section of the report should denote "Remdesivir under EUA." A copy of the MedWatch form should also be forwarded to Gilead: safety_fc@gilead.com.</li> <li>Adverse events that must be reported:         <ul> <li>Death or life-threatening adverse event</li> <li>Inpatient hospitalization or prolonging of existing hospitalization</li> <li>A persistent or significant incapacity or substantial disruption of the ability to conduct normal life functions</li> <li>A congenital anomaly/birth defect</li> <li>A medical or surgical intervention to prevent death, a life-threatening event, hospitalization, disability, or congenital anomaly</li> </ul> </li> <li>An alternative to reporting to the FDA and manufacturer directly is allowing the medication safety team to do this on behalf of a provider. Submit a report in the Patient Safety Reporting System to initiate the process. Use the event type 'Adverse Drug Reaction'.</li> </ul> |  |  |  |

| Table 6. Steps Alternative Programs Following Approval |  |  |
|--|--|--|
| Expanded Access Protocol                               | <ul> <li>This program is directed by Dr. Kurt Stevenson and his team</li> <li>The principal investigator will assist with patient enrollment, informed consent, product ordering, and ongoing monitoring for patients approved with this supply designated</li> </ul>  |  |
|  | <ul> <li>If the patient has been approved for compassionate use supply, the treating physician should submit a compassionate use request on behalf of the patient to Gilead at <a href="https://rdvcu.gilead.com/">https://rdvcu.gilead.com/</a></li> <li>Once the request is submitted, Gilead will be in communication with the provider to approve or decline use and to request additional information         <ul> <li>ASP/ID will assist the treating physician with these steps to ensure completeness and the requirements for ongoing data submission and adverse event reporting are met</li> </ul> </li> </ul>  |  |
| Compassionate Use                                      | <ul> <li>For shipment of remdesivir use the following information when completing the form:         <ul> <li>Pharmacy/Hospital Name: The Ohio State University Medical Center</li> <li>Pharmacist/Pharmacy Contact Name: Investigational Drug Service</li> <li>Address:                 <ul> <li>Investigational Drug Service</li> <li>460 W. 10<sup>th</sup> Avenue, Room C150N</li> <li>Columbus, Ohio 43210</li> <li>Email: pharmacy.ids@osumc.edu</li> <li>Phone: 614-293-4560</li> <li>Cell Phone: 614-293-3312 (central pharmacy)</li> </ul> </li> </ul> </li> <li>For after-hours assistance with drug receipt, see service coverage for IDS on-call</li> </ul> |  |
|  | <ul> <li>or page 614-730-4615.</li> <li>For more information regarding the compassionate use process in general, please refer to the <u>OSUWMC Expanded Use ("Compassionate Use") of</u><br/><u>Investigational Products</u> guideline</li> </ul>  |  |



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# Appendix B: Cardiac Monitoring for Chloroquine (CQ)/Hydroxychloroquine (HCQ)

| • | Place patients on telemetry <i>and</i><br>Obtain baseline 12 lead ECG   |
|---|---|
| • | <ul> <li>Discontinue all QT-prolonging medication if possible.</li> <li>Consult medical specialty associated with medication for concerns with discontinuation risk or for alternatives</li> <li>Consult pharmacy as needed for assistance with profile review to identify QT-prolonging medications</li> </ul>   |
| • | Correct electrolyte abnormalities, specifically<br><ul> <li>Potassium (&gt;4 mmol/L)</li> <li>Magnesium (&gt;2 mg/dL)</li> </ul> <li>Do not delay drug therapy as you replete electrolytes</li>   |
| • | The likelihood for a malignant ventricular arrhythmia or a worrisome prolongation of the QTc is low (<2%)   |
| • | Regardless of the pre-drug / baseline QTc, give first dose  |
| • | Obtain 6-lead telemetry or 12-lead ECG 2 hours after first dose:  |
|   | <ul> <li>If pre-drug QRS duration is &lt; 120ms, proceed with second dose if the QTc &lt; 520msec</li> <li>If pre-drug QRS duration is &gt; 120ms, with native (meaning not paced) conduction, proceed with second dose if the QTc is &lt; 570msec</li> </ul>   |
| • | For paced QRS complex, QTc monitoring is not indicated, and thus would hold the medication and obtain an EP consult <b>only</b> if the patient experiences a ventricular arrhythmia   |
| • | <ul> <li>For concerns regarding ventricular arrhythmias or excessive QT prolongation, EP consult can be obtained to review the ECG <ul> <li>Consult per usual via IHIS</li> <li>For these consults, the primary team <b>must</b> upload each of the concerning telemetry strips and/or 12-lead ECG to the <i>Media tab</i> of the patient's IHIS chart</li> <li>The EP staff will complete a remote e-consult by reviewing the uploaded images in the <i>Media tab</i> of IHIS. The consult will provide an interpretation of the rhythm and QTc but cannot discern the risks/benefits of continued medical therapy</li> <li>EP staff will <u>not</u> be evaluating the patient with a face-to-face visit</li> <li>Overnight consultation will be reviewed the subsequent day and the e-consult will be completed in a timely manner</li> </ul> </li> </ul> |
| • | If any evidence of torsade de pointes on telemetry, discontinue CQ/HCQ and request EP consultation  |
| • | Telemetry should be continued while the patient is receiving CQ/HCQ   |
| • | Unless there is worrisome arrhythmia, the ECG needs to be obtained only at baseline and after the first dose of the medication  |



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#### **Appendix C: COVID-19 Medication Approval Process**

|                     | Patient Scenario   | Who to Contact<br>Day Response (0800-1700) | Who to Contact<br>Night Response (1701-0759) |
|---------------------|--|--|--|
| COVID test pending  | No ID consult or<br>ID consult pending   | On-Call ID Fellow                          | On-Call ID Fellow                            |
|                     | No ID consult or<br>ID consult pending<br>( <b>placed after 1200</b> )   | COVID Medication Approval<br>Pager         | COVID Medication Approval<br>Pager           |
|                     | ID consulting pending ( <b>placed</b><br><b>before 1200</b> )  | On-Call ID Fellow                          | On-Call ID Fellow                            |
| COVID test positive | ID actively following, review<br>of ID note does not indicate<br>need for therapy and COVID<br>testing results <b>did not</b> return<br>after ID note provided in<br>chart | ID Service Fellow                          | On-Call ID Fellow                            |
|                     | ID actively following or<br>suspect COVID note left,<br>COVID positive result <b>did</b><br>return after ID note provided<br>in chart                                      | ID Service Fellow                          | COVID Medication Approval<br>Pager           |
|                     | ID actively following or<br>suspect COVID note left,<br>medication recommended<br>but approval code not<br>provided in note or order                                       | ID Service Fellow                          | On-Call ID Fellow                            |
| Notes:              |  |  |  |

- Active/pending ID consults can be seen under the Referral tab  $\rightarrow$  IP Consult to Infectious Disease
- Remdesivir requests are processed through IHIS consult orders and Triage Team review
- Requests for emergent tocilizumab **must** be routed to the ID service fellow/on-call ID fellow (requires a conversation with a critical care faculty attending and ID attending)
- Discussion of the benefits vs risks of corticosteroids should be routed to the ID service fellow/on-call ID fellow

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- Pharmacy

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# **COVID-19: Antimicrobial Treatment Guideline**

- Recommendations below are meant to inform clinicians until further guidance becomes available from organizations such as the <u>Centers for Disease Control and Prevention (CDC)</u> and <u>World Health Organization (WHO)</u>. Data surrounding treatment is rapidly evolving and these recommendations are subject to change.
- Of note, the *Infectious Diseases Society of America (IDSA)* and *National Institutes of Health (NIH)* currently do not recommend the use of any specific antiviral therapy unless used in the context of a clinical trial.
- Currently no medication therapies are directed specifically at COVID-19. The mainstay of treatment for most patients consists of supportive care and appropriate infection prevention and control measures
  - See the Inpatient Evaluation and Management Guidelines for COVID-19 for additional information

#### Table 1: Treatment Recommendations for Highly Suspected / Confirmed COVID-19

| Setting / Severity of Illness | Description  | Treatment   |  |
|-------------------------------|--|---|--|
| Outpatients                   | All outpatients  |   |  |
| Inpatients Mild Disease       | Inpatients without pneumonia and Supportive care SpO <sub>2</sub> > 94% on room air  |   |  |
| Inpatients Severe Disease     | Inpatients with SpO <sub>2</sub> <u>&lt;</u> 94% on room air;<br>requiring supplemental oxygen,<br>mechanical ventilation, or ECMO | Consider treatment and/or enrollment in clinical trial(s) |  |

Treatment recommendations regardless of age, comorbidities, or immunocompromised status

| Table 2: Adjunctive Antimicrobial Therapies to Consider in Patient Meeting Criteria for Treatment |  |  |   |
|---|--|--|---|
| Medication  | Dose   | Indication for Use   | Additional Information  |
| Remdesivir  | 200 mg IV for 1 day<br>Then 100 mg IV daily<br>for 4 – 9 days<br>No adjustment for renal<br>impairment/ ECMO | <ul> <li>Non-FDA-approved<br/>agent available via<br/>compassionate use and<br/>emergency use<br/>authorization</li> </ul> | <ul> <li>See Appendix A for<br/>additional information<br/>on how to obtain this<br/>product</li> <li>Baseline and daily<br/>serum creatinine and<br/>hepatic function labs<br/>required</li> </ul> |

| Table 3: Other Therapies for Consideration in Patients Meeting Criteria for Treatment |   |  |
|---|---|--|
| Convalescent Plasma   | <ul> <li>Refer to <u>Convalescent Plasma Expanded Access Program Workflow</u> for<br/>information regarding eligibility, patient consent, and the approval process</li> </ul>   |  |
| Non-Antimicrobial Medications   | <ul> <li>Additional recommendations for non-antimicrobial medications associated<br/>with complications and comorbidities linked to COVID-19 (e.g. IVIG,<br/>tocilizumab, corticosteroids, ACEI/ARBs, NSAIDS, etc.) refer to the <u>Inpatient</u><br/><u>Evaluation and Management Guideline</u></li> </ul> |  |

Refer to the <u>COVID-19 Clinical Trials Document</u> for information regarding other potential therapies, including points of contact and inclusion/exclusion criteria.



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| Table 4: Antimicrobial Therapies NOT Currently Recommended                   |   |  |
|--|---|--|
| Medication   | Comments  |  |
| Azithromycin   | <ul> <li>Insufficient data to support use</li> <li>Open label study (n=80) suggested benefit when given in combination with hydroxychloroquine, but many patients were asymptomatic or had upper respiratory symptoms only, and only 15% were febrile or required oxygen</li> <li>Previous study in MERS showed no benefit on mortality or viral clearance</li> </ul> |  |
| Baloxavir marboxil   | No evidence to support use and potential for adverse effects, including severe and sometimes fatal hypersensitivity reactions   |  |
| Interferon   | No definitive evidence of benefit against SARS-CoV-2 and other coronaviruses     and significant potential for adverse effects  |  |
| lvermectin   | <ul> <li>In vitro activity against SARS-CoV-2 and other viruses, but no clinical outcomes data specific to COVID-19 to suggest safety or efficacy</li> <li>Based on <i>in vitro</i> findings, significantly higher doses than usually given would be required to achieve adequate serum concentrations</li> </ul>   |  |
| Lopinavir/ritonavir  | <ul> <li>No definitive evidence of benefit against SARS-CoV-2 <i>in vivo</i></li> <li>Available data has shown high rates of patient intolerance</li> <li>The NIH guidelines recommend against the use of lopinavir/ritonavir or other HIV protease inhibitors for the treatment of COVID-19, except in the context of a clinical trial</li> </ul>                    |  |
| Nitazoxanide   | <ul> <li>In vitro activity against SARS-CoV-2 and other coronaviruses but no clinical outcomes data specific to COVID-19</li> <li>Failed to demonstrate benefit when added to standard care in randomized controlled trial of patients hospitalized with respiratory viral illness including small number with other coronaviruses</li> </ul>                         |  |
| Oseltamivir  | <ul> <li>No <i>in vitro</i> activity against coronaviruses</li> <li>Should only be used in influenza is suspected or confirmed</li> </ul>   |  |
| Ribavirin  | <ul> <li>Some data from other coronaviruses suggest synergy when given with lopinavir/ritonavir</li> <li>No definitive evidence of benefit against SARS-CoV-2 <i>in vivo</i>, and risk of toxicity with higher doses that were used for SARS and MERS outweigh potential benefit</li> </ul>   |  |
| Other antiretrovirals<br>(e.g. abacavir,<br>boosted darunavir,<br>tenofovir) | <ul> <li>Ongoing clinical trials with darunavir/cobicistat but no <i>in vitro</i> or clinical outcomes data</li> <li>Other agents such as abacavir, tenofovir, and nelfinavir have been proposed, but not enough data to support use at this time</li> </ul>  |  |
| Due to lead of offic   |   |  |

 Due to lack of efficacy data and/or evidence of potential harm, the therapies above are not recommended for <u>the specific treatment of COVID-19</u> at this time, unless otherwise indicated (Table 4)

• Of note, Vitamin C, Vitamin D, zinc, nor any medications listed in Tables 2-3 have been shown to prevent COVID-19

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## Appendix A: Request for Remdesivir Therapy

- Remdesivir is a non-FDA approved agent manufactured by Gilead Sciences.
- OSUWMC is not enrolled in remdesivir clinical trials; therefore, the mode of acquisition via the <u>compassionate</u> <u>use</u> or allocated supply under the <u>emergency use authorization (EUA)</u>.
- The compassionate use program is an application process directly through the manufacturer and allows for single patient use of product. The manufacturer will ship medication to OSUWMC if approved.
- **Compassionate use is only available for pregnant patients with dyspnea** at this time. Consideration will be made by the Triage Team for emergency use authorization supply to expedite therapy initiation in pregnant patients.
- The emergency use authorization allows for use in adults with proven COVID-19 infections with O<sub>2</sub> < 94% on room air, requiring supplemental oxygen *or* mechanical ventilation *or* ECMO.
- Emergency use authorization *does* allow for inclusion in clinical trials (unless otherwise stated within the study protocol) and use of other COVID adjunctive therapies (e.g. convalescent plasma, tocilizumab).

| Request Process  | Additional Details   |  |  |  |
|--|--|--|--|--|
| Treating provider sho  | Treating provider should follow each step below and then refer to Table 5 or 6 depending on approved supply.   |  |  |  |
| (1) Treating<br>physician<br>determines if<br>patient meets<br>ineligibility<br>criteria | <ul> <li>Ineligibility criteria:</li> <li>Known hypersensitivity to remdesivir</li> <li>ALT ≥ 5 x UL of normal</li> <li>eGFR &lt; 30 mL/minute (unless benefit outweighs risk)</li> <li>Symptoms of COVID-19 illness &gt; 10 days</li> <li>Mechanical ventilation &gt; 14 days AND a negative current COVID-19 lower respiratory sample</li> <li>Improving on current treatment/supportive regimen(s) as evidenced by improving oxygenation, and/or impending discharge</li> <li>Patients in whom the clinical team believes death is in the immediate short-term and administration of remdesivir is unlikely to change the clinical outcome</li> </ul> |  |  |  |
| (2) Physician<br>enters IHIS orders  | <ul> <li>IP Infectious Diseases (if not already placed, reason for consult: "remdesivir")</li> <li>IP Pharmacy (reason for consult: "other – please specify", specify "remdesivir")</li> </ul>   |  |  |  |
| (3) Triage Team<br>reviews request   | <ul> <li>Outcome will be provided in a written progress note and</li> <li>Communicated directly to the primary team</li> <li>See house staff appendicement for further information on product screeping and allocation</li> </ul>  |  |  |  |
| 1-2 times daily<br>7 days/week   | <ul> <li>See <u>induse stant announcement</u> for further information on product screening and allocation</li> <li>See expanded access or compassionate use sections for additional information if approved</li> </ul>   |  |  |  |

#### Table 5: Steps for Remdesivir EUA Ordering and Monitoring Following Approval

| Step   | Additional Details  |  |  |
|--|---|--|--|
| (1) Informed<br>Consent                          | <ul> <li>The treating physician must confirm <i>verbal</i> consent with the patient or legally<br/>authorized representative (LAR). A prisoner can provide <i>verbal</i> consent if able, if<br/>unable to consent, the warden may be contacted to consider consent. The</li> </ul>   |  |  |
| Do not obtain<br>consent until after<br>approval | <ul> <li>Patient/LAR given the Fact Sheet for Patients and Parents/Caregivers (English/Spanish)</li> <li>Patient/LAR was informed of alternatives to remdesivir</li> <li>Patient/LAR was informed that remdesivir is an unapproved drug authorized under EUA</li> </ul>   |  |  |
| (2) Ordering Process                             | <ul> <li>After verbal consent is documented, the treating physician should page the ASP pharmacist<br/>(x9394) to request placement of the remdesivir order</li> <li>Remdesivir orders are only visible to pharmacists</li> </ul>   |  |  |
| (3) Clinical<br>Monitoring                       | <ul> <li>Baseline chemistries and hepatic function panel prior to beginning remdesivir therapy.         <ul> <li>Daily serum creatinine and hepatic function panel throughout course</li> <li>Discontinue therapy if ALT &gt; 5 x UL of normal OR ALT elevation with liver dysfunction</li> </ul> </li> <li>The Infectious Diseases team will assess the patient on treatment day 5 and recommend continuing or discontinuing therapy based on clinical response</li> </ul> |  |  |

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| Table 5: Steps for  | Remdesivir EUA Ordering and Monitoring Following Approval   |
|---|---|
| (4) Mandatory<br>Medication Error<br>and Adverse<br>Event Reporting | <ul> <li>The treating physician is responsible for responding to requests from the FDA and reporting adverse drug events within 7 days of the onset of the event</li> <li>This report can be submitted online to FDA MedWatch AFTER a data release is granted by the institution. The description section of the report should denote "Remdesivir under EUA." A copy of the MedWatch form should also be forwarded to Gilead: safety fc@gilead.com.</li> <li>Adverse events that must be reported: <ul> <li>Death or life-threatening adverse event</li> <li>Inpatient hospitalization or prolonging of existing hospitalization</li> <li>A persistent or significant incapacity or substantial disruption of the ability to conduct normal life functions</li> <li>A congenital anomaly/birth defect</li> <li>A medical or surgical intervention to prevent death, a life-threatening event, hospitalization, disability, or congenital anomaly</li> </ul> </li> <li>An alternative to reporting to the FDA and manufacturer directly is allowing the medication safety team to do this on behalf of a provider. Submit a report in the Patient Safety Reporting.</li> <li>System to initiate the process. Use the event type 'Adverse Drug Reaction'.</li> <li>Medication errors should be reported through the Patient Safety Reporting System as well.</li> </ul> |

| Table 6. Steps for I  | Remdesivir Compassionate Use Ordering and Monitoring Following Approval   |
|---|---|
|   | <ul> <li>If the patient has been approved for compassionate use supply, the treating physician should submit a compassionate use request on behalf of the patient to Gilead at <a href="https://rdvcu.gilead.com/">https://rdvcu.gilead.com/</a></li> <li>Once the request is submitted, Gilead will be in communication with the provider to approve or decline use and to request additional information         <ul> <li>ASP/ID will assist the treating physician with these steps to ensure completeness and the requirements for ongoing data submission and adverse event reporting are met</li> </ul> </li> <li>For shipment of remdesivir use the following information when completing the form:</li> </ul> |
|   | <ul> <li>Pharmacy/Hospital Name: The Ohio State University Medical Center</li> </ul>  |
|   | <ul> <li>Pharmacist/Pharmacy Contact Name: Investigational Drug Service</li> </ul>  |
| Compassionate <ul><li>Address:</li><li>Investigational Drug Service</li><li>460 W. 10th Avenue, Room C150N C</li><li>Ohio 43210</li><li>Email: pharmacy.ids@osumc.edu</li><li>Phone: 614-293-4560</li><li>Cell Phone: 614-293-3312 (central pharmace)</li></ul> | <ul> <li>Address:         <ul> <li>Investigational Drug Service<br/>460 W. 10<sup>th</sup> Avenue, Room C150N Columbus,<br/>Ohio 43210</li> <li>Email: <u>pharmacy.ids@osumc.edu</u></li> <li>Phone: 614-293-4560</li> <li>Cell Phone: 614-293-3312 (central pharmacy)</li> </ul> </li> </ul>   |
|   | <ul> <li>For after-hours assistance with drug receipt, see service coverage for IDS on-call or page 614-730-4615</li> <li>For more information regarding the compassionate use process in general, please refer to the <u>OSUWMC Expanded Use ("Compassionate Use") of Investigational Products</u> guideline</li> </ul>  |

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Antimicrobial Stewardship Program (ASP)

#### Department(s)

- Infectious Disease
- Pharmacy

#### Approved by

Pharmacy & Therapeutics Executive/MUE

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# **COVID-19: Antimicrobial Treatment Guideline**

- Recommendations below are meant to inform clinicians until further guidance becomes available from organizations such as the <u>Centers for Disease Control and Prevention (CDC)</u> and <u>World Health Organization (WHO)</u>. Data surrounding treatment is rapidly evolving and these recommendations are subject to change.
- Currently no FDA-approved medication therapies are directed specifically at COVID-19. The mainstay of treatment for most patients consists of supportive care and appropriate infection prevention and control measures.
  - o See the Inpatient Evaluation and Management Guidelines for COVID-19 for additional information

#### Table 1: Treatment Recommendations for Highly Suspected / Confirmed COVID-19 Setting / Severity of Illness Description Treatment **Outpatients** All outpatients Supportive care Inpatients without pneumonia and **Inpatients Mild Disease** SpO<sub>2</sub> > 94% on room air Inpatients with $SpO_2 \leq 94\%$ on room air; Consider treatment and/or enrollment in **Inpatients Severe Disease** requiring supplemental oxygen, clinical trial(s) mechanical ventilation, or ECMO

Treatment recommendations regardless of age, comorbidities, or immunocompromised status

| Table 2: Adjunctive Antimicrobial Therapies to Consider in Patient Meeting Criteria for Treatment |  |  |   |
|---|--|--|---|
| Medication  | Dose   | Indication for Use   | Additional Information  |
| Remdesivir  | 200 mg IV for 1 day<br>Then 100 mg IV daily<br>for 4 – 9 days<br>No adjustment for renal<br>impairment/ ECMO | <ul> <li>Non-FDA-approved<br/>agent available via<br/>compassionate use and<br/>emergency use<br/>authorization</li> </ul> | <ul> <li>See Appendix A for<br/>additional information<br/>on how to obtain this<br/>product</li> <li>Baseline and daily<br/>serum creatinine and<br/>hepatic function labs<br/>required</li> <li>Avoid combination<br/>therapy with<br/>hydroxychloroquine/<br/>chloroquine due to in<br/>vitro antagonism</li> <li>The clinical relevance of<br/>in vitro CYP drug-drug<br/>interactions has not<br/>been established.</li> </ul> |

| Table 3: Other Therapies for Consideration in Patients Meeting Criteria for Treatment |  |  |
|---|--|--|
| Convalescent Plasma   | Refer to <u>Convalescent Plasma Expanded Access Program Workflow</u> for     |  |
|   | information regarding eligibility, patient consent, and the approval process |  |

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| Non-Antimicrobial Medications   | • Additional recommendations for non-antimicrobial medications associated with complications and comorbidities linked to COVID-19 (e.g. IVIG, tocilizumab, corticosteroids, ACEI/ARBs, NSAIDS, etc.) refer to the <u>Inpatient</u> <u>Evaluation and Management Guideline</u> |  |
|---|---|--|
| Peter to the COVID-19 Clinical Trials Document for information regarding other potential therapies, including points of |   |  |

Refer to the <u>COVID-19 Clinical Trials Document</u> for information regarding other potential therapies, including points of contact and inclusion/exclusion criteria.

| Table 4: Antimicrobial Therapies NOT Currently Recommended |   |  |
|--|---|--|
| Medication   | Comments  |  |
| Azithromycin   | <ul> <li>Insufficient data to support use</li> <li>Open label study (n=80) suggested benefit when given in combination with hydroxychloroquine, but many patients were asymptomatic or had upper respiratory symptoms only, and only 15% were febrile or required oxygen</li> <li>Previous study in MERS showed no benefit on mortality or viral clearance</li> </ul> |  |
| Baloxavir marboxil   | No evidence to support use and potential for adverse effects, including severe and sometimes fatal hypersensitivity reactions   |  |
| Interferon   | No definitive evidence of benefit against SARS-CoV-2 and other coronaviruses     and significant potential for adverse effects  |  |
| lvermectin   | <ul> <li>In vitro activity against SARS-CoV-2 and other viruses, but no clinical outcomes data specific to COVID-19 to suggest safety or efficacy</li> <li>Based on <i>in vitro</i> findings, significantly higher doses than usually given would be required to achieve adequate serum concentrations</li> </ul>   |  |
| Lopinavir/ritonavir  | <ul> <li>No definitive evidence of benefit against SARS-CoV-2 <i>in vivo</i></li> <li>Available data has shown high rates of patient intolerance</li> <li>The NIH guidelines recommend against the use of lopinavir/ritonavir or other HIV protease inhibitors for the treatment of COVID-19, except in the context of a clinical trial</li> </ul>                    |  |
| Nitazoxanide   | <ul> <li>In vitro activity against SARS-CoV-2 and other coronaviruses but no clinical outcomes data specific to COVID-19</li> <li>Failed to demonstrate benefit when added to standard care in randomized controlled trial of patients hospitalized with respiratory viral illness including small number with other coronaviruses</li> </ul>                         |  |
| Oseltamivir  | <ul> <li>No <i>in vitro</i> activity against coronaviruses</li> <li>Should only be used in influenza is suspected or confirmed</li> </ul>   |  |
| Ribavirin  | <ul> <li>Some data from other coronaviruses suggest synergy when given with lopinavir/ritonavir</li> <li>No definitive evidence of benefit against SARS-CoV-2 <i>in vivo</i>, and risk of toxicity with higher doses that were used for SARS and MERS outweigh potential benefit</li> </ul>   |  |



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- Due to lack of efficacy data and/or evidence of potential harm, the therapies above are not recommended for <u>the specific treatment of COVID-19</u> at this time, unless otherwise indicated (Table 4)
- Of note, Vitamin C, Vitamin D, zinc, nor any medications listed in Tables 2-3 have been shown to prevent COVID-19

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## Appendix A: Request for Remdesivir Therapy

- Remdesivir is a non-FDA approved agent manufactured by Gilead Sciences.
- OSUWMC is not enrolled in remdesivir clinical trials; therefore, the mode of acquisition via the <u>compassionate</u> <u>use</u> or allocated supply under the <u>emergency use authorization (EUA)</u>.
- The compassionate use program is an application process directly through the manufacturer and allows for single patient use of product. The manufacturer will ship medication to OSUWMC if approved.
- **Compassionate use is only available for pregnant patients with dyspnea** at this time. Consideration will be made by the Triage Team for emergency use authorization supply to expedite therapy initiation in pregnant patients.
- The emergency use authorization allows for use in adults with proven COVID-19 infections with O<sub>2</sub> < 94% on room air, requiring supplemental oxygen *or* mechanical ventilation *or* ECMO.
- Emergency use authorization *does* allow for inclusion in clinical trials (unless otherwise stated within the study protocol) and use of other COVID adjunctive therapies (e.g. convalescent plasma, tocilizumab).
- Refer to the <u>Fact Sheet for Health Care Providers Emergency Use Authorization (EUA) of Remdesivir</u> for more information on this therapy.

| Request Process  | Additional Details  |  |  |
|--|---|--|--|
| Treating provider sho  | ould follow each step below and then refer to Table 5 or 6 depending on approved supply.  |  |  |
| (1) Treating<br>physician<br>determines if<br>patient meets<br>ineligibility<br>criteria | <ul> <li>Ineligibility criteria:</li> <li>Known hypersensitivity to remdesivir</li> <li>ALT ≥ 5 x UL of normal</li> <li>eGFR &lt; 30 mL/minute calculated using the Cockcroft-Gault Equation (unless benefit outweighs risk)</li> <li>Mechanical ventilation &gt; 14 days AND a negative current COVID-19 lower respiratory sample</li> <li>Improving on current treatment/supportive regimen(s) as evidenced by improving oxygenation, and/or impending discharge</li> <li>Patients in whom the clinical team believes death is in the immediate short-term and administration of remdesivir is unlikely to change the clinical outcome</li> </ul> |  |  |
| (2) Physician<br>enters IHIS orders  | <ul> <li>IP Infectious Diseases (if not already placed, reason for consult: "remdesivir")</li> <li>IP Pharmacy (reason for consult: "other – please specify", specify "remdesivir")</li> </ul>  |  |  |
| (3) Triage Team<br>reviews request<br>1-2 times daily<br>7 days/week                     | <ul> <li>Patient eligibility is determined by the Team using the following criteria:         <ul> <li>Tier I. COVID+ patients with respiratory symptoms (e.g., new cough, dyspnea, or hypoxia) less than or equal to 10 days and:             <ul></ul></li></ul></li></ul>   |  |  |

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| <ul> <li>High risk requiring a high-risk score determined by the Calculation Tool for Predicting Critically-III COVID-19 (http://118.126.104.170/) at Admission<sup>1</sup> OR</li> <li>Identified as having two or more high risk factors as defined by the CDC for developing severe illness from COVID-19:         <ul> <li>People age &gt; 65</li> <li>People with chronic lung disease, including COPD, asthma, interstitial lung disease, cystic fibrosis</li> <li>People with cardiac disease, including coronary artery disease, congestive heart failure, implanted cardiac device</li> <li>People with DM</li> <li>People who are immunocompromised (i.e., active chemotherapy, bone marrow or organ transplantation, immune deficiency, poorly controlled HIV or AIDS)</li> </ul> </li> <li>Tier III. When sufficient supply of 1100 vials (i.e., 100 patients) on hand and uncertain</li> </ul> |
|---|
| <ul> <li>Supply chain:</li> <li>COVID+ patients at any illness duration with new or/and progressive requirement of supplemental oxygen defined as at least ≥4 LPM nasal cannula but NOT requiring mechanical ventilation.</li> <li>Outcome will be provided in a written progress note and</li> </ul>   |
| <ul> <li>Communicated directly to the primary team</li> <li>Approval is valid for 24 hours, beyond which time re-evaluation by the Committee would be needed</li> <li>See expanded access or compassionate use sections for additional information if approved</li> </ul>   |

| Table 5: Steps for Remdesivir EUA Ordering and Monitoring Following Approval |  |  |
|--|--|--|
| Step   | Additional Details   |  |
| (1) Informed<br>Consent<br>Do not obtain<br>consent until after<br>approval  | <ul> <li>The treating physician must confirm <i>verbal</i> consent with the patient or legally authorized representative (LAR). A prisoner can provide <i>verbal</i> consent if able, if unable to consent, the warden may be contacted to consider consent. The following specific verbiage should be documented in the chart:         <ul> <li>Patient/LAR given the Fact Sheet for Patients and Parents/Caregivers (English/Spanish)</li> <li>Patient/LAR was informed of alternatives to remdesivir</li> <li>Patient/LAR was informed that remdesivir is an unapproved drug authorized under EUA</li> </ul> </li> <li>If consent cannot be obtained from the patient and LAR cannot be identified, an ethics consult should be placed</li> </ul> |  |
| (2) Ordering Process   | <ul> <li>After verbal consent is documented, the treating physician should page the ASP pharmacist (x9394) to request placement of the remdesivir order</li> <li>Remdesivir orders are only visible to pharmacists</li> </ul>  |  |
| (3) Clinical<br>Monitoring   | <ul> <li>Baseline chemistries and hepatic function panel prior to beginning remdesivir therapy.         <ul> <li>Daily serum creatinine and hepatic function panel throughout course</li> <li>Discontinue therapy if ALT &gt; 5 x UL of normal OR ALT elevation with liver dysfunction</li> </ul> </li> <li>The Infectious Diseases team will assess the patient on treatment day 5 and recommend continuing or discontinuing therapy based on clinical response</li> </ul>  |  |

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| Table 5: Steps for Remdesivir EUA Ordering and Monitoring Following Approval |   |  |
|--|---|--|
| (4) Mandatory<br>Medication Error<br>and Adverse<br>Event Reporting          | <ul> <li>The treating physician is responsible for responding to requests from the FDA and reporting adverse drug events within 7 days of the onset of the event</li> <li>This report can be submitted online to FDA MedWatch AFTER a data release is granted by the institution. The description section of the report should denote "Remdesivir under EUA." A copy of the MedWatch form should also be forwarded to Gilead: safety fc@gilead.com.</li> <li>Adverse events that must be reported:         <ul> <li>Death or life-threatening adverse event</li> <li>Inpatient hospitalization or prolonging of existing hospitalization</li> <li>A persistent or significant incapacity or substantial disruption of the ability to conduct normal life functions</li> <li>A congenital anomaly/birth defect</li> <li>A medical or surgical intervention to prevent death, a life-threatening event, hospitalization, disability, or congenital anomaly</li> </ul> </li> <li>An alternative to reporting to the FDA and manufacturer directly is allowing the medication safety team to do this on behalf of a provider. Submit a report in the <u>Patient Safety Reporting</u>.</li> <li>System to initiate the process. Use the event type 'Adverse Drug Reaction'.</li> <li>Medication errors should be reported through the <u>Patient Safety Reporting System</u> as well.</li> </ul> |  |

| Table 6. Steps for   | Remdesivir Compassionate Use Ordering and Monitoring Following Approval   |
|----------------------|---|
| Compassionate<br>Use | <ul> <li>If the patient has been approved for compassionate use supply, the treating physician should submit a compassionate use request on behalf of the patient to Gilead at <a href="https://rdvcu.gilead.com/">https://rdvcu.gilead.com/</a></li> <li>Once the request is submitted, Gilead will be in communication with the provider to approve or decline use and to request additional information         <ul> <li>ASP/ID will assist the treating physician with these steps to ensure completeness and the requirements for ongoing data submission and adverse event reporting are met</li> </ul> </li> <li>For shipment of remdesivir use the following information when completing the form:         <ul> <li>Pharmacy/Hospital Name: The Ohio State University Medical Center</li> <li>Pharmacist/Pharmacy Contact Name: Investigational Drug Service</li> <li>Address:                 <ul> <li>Investigational Drug Service</li> <ul> <li>Andress:</li> <li>Email: pharmacy.ids@osumc.edu</li> <li>Email: pharmacy.ids@osumc.edu</li> <li>Pharmacy.ids@osumc.edu</li> <li>Pharmacy.ids@osumc.edu</li> <li>Pharmacy.ids@osumc.edu</li> </ul> </ul></li> </ul> </li> </ul> |
|                      | <ul> <li>Phone: 614-293-4560</li> <li>Cell Phone: 614-293-3312 (central pharmacy)</li> </ul>  |
|                      | <ul> <li>For after-hours assistance with drug receipt, see service coverage for IDS on-call or page 614-730-4615</li> <li>For more information regarding the compassionate use process in general, please refer to the <u>OSUWMC Expanded Use ("Compassionate Use") of Investigational Products</u> guideline</li> </ul>  |

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- Pharmacy

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Pharmacy & Therapeutics Executive/MUE

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# **COVID-19: Antimicrobial Treatment Guideline**

- Recommendations below are meant to inform clinicians until further guidance becomes available from
  organizations such as the <u>Centers for Disease Control and Prevention (CDC)</u> and <u>World Health Organization
  (WHO)</u>. Data surrounding treatment is rapidly evolving and these recommendations are subject to change.
- Currently no FDA-approved medication therapies are directed specifically at COVID-19. The mainstay of treatment for most patients consists of supportive care and appropriate infection prevention and control measures.
  - o See the Inpatient Evaluation and Management Guidelines for COVID-19 for additional information

#### Table 1: Treatment Recommendations for Highly Suspected / Confirmed COVID-19

| Setting / Severity of Illness | Description  | Treatment   |  |
|-------------------------------|--|---|--|
| Outpatients                   | All outpatients  | Supportive care   |  |
| Inpatients Mild Disease       | Inpatients without pneumonia and $\text{SpO}_2 > 94\%$ on room air   |   |  |
| Inpatients Severe Disease     | Inpatients with SpO <sub>2</sub> <u>&lt;</u> 94% on room air;<br>requiring supplemental oxygen, mechanical<br>ventilation, or ECMO | Consider treatment and/or enrollment in clinical trial(s) |  |
|                               |  |   |  |

Treatment recommendations regardless of age, comorbidities, or immunocompromised status

| Table 2: Adjunctive Antimicrobial Therapies to Consider in Patient Meeting Criteria for Treatment |  |  |   |
|---|--|--|---|
| Medication  | Dose   | Indication for Use   | Additional Information  |
| Remdesivir  | 200 mg IV for 1 day<br>Then 100 mg IV daily for<br>4 – 9 days<br>No adjustment for renal<br>impairment/ ECMO | <ul> <li>Non-FDA-approved<br/>agent available via<br/>compassionate use and<br/>emergency use<br/>authorization</li> </ul> | <ul> <li>See Appendix A for additional information on<br/>how to obtain this product</li> <li>Baseline and daily serum creatinine and<br/>hepatic function labs required</li> <li>Avoid combination therapy with<br/>hydroxychloroquine/ chloroquine due to in<br/>vitro antagonism</li> <li>The clinical relevance of in vitro CYP drug-drug<br/>interactions has not been established.</li> </ul> |

| Table 3: Other Therapies for Consideration in Patients Meeting Criteria for Treatment |   |  |
|---|---|--|
| Convalescent Plasma   | • Refer to <u>Convalescent Plasma Expanded Access Program Workflow</u> for information regarding eligibility, patient consent, and the approval process   |  |
| Non-Antimicrobial Medications   | <ul> <li>Additional recommendations for non-antimicrobial medications associated with<br/>complications and comorbidities linked to COVID-19 (e.g. IVIG, tocilizumab,<br/>corticosteroids, ACEI/ARBs, NSAIDS, etc.) refer to the <u>Inpatient Evaluation and</u><br/><u>Management Guideline</u></li> </ul> |  |
|   |   |  |

Refer to the <u>COVID-19 Clinical Trials Document</u> for information regarding other potential therapies, including points of contact and inclusion/exclusion criteria.



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| Table 4: Antimicrobial Therapies NOT Currently Recommended                          |  |  |
|---|--|--|
| Medication  | Comments   |  |
| Azithromycin  | <ul> <li>Insufficient data to support use</li> <li>Open label study (n=80) suggested benefit when given in combination with hydroxychloroquine, but many patients were asymptomatic or had upper respiratory symptoms only, and only 15% were febrile or requiredoxygen</li> <li>Previous study in MERS showed no benefit on mortality or viral clearance</li> </ul> |  |
| Baloxavir marboxil  | <ul> <li>No evidence to support use and potential for adverse effects, including severeand<br/>sometimes fatal hypersensitivity reactions</li> </ul>   |  |
| Interferon  | <ul> <li>No definitive evidence of benefit against SARS-CoV-2 and other coronaviruses and<br/>significant potential for adverse effects</li> </ul>   |  |
| Ivermectin  | <ul> <li>In vitro activity against SARS-CoV-2 and other viruses, but no clinical outcomes data specific to COVID-19 to suggest safety or efficacy</li> <li>Based on <i>in vitro</i> findings, significantly higher doses than usually given would be required to achieve adequate serum concentrations</li> </ul>  |  |
| Lopinavir/ritonavir   | <ul> <li>No definitive evidence of benefit against SARS-CoV-2 <i>in vivo</i></li> <li>Available data has shown high rates of patient intolerance</li> <li>The NIH guidelines recommend against the use of lopinavir/ritonavir or other HIV protease inhibitors for the treatment of COVID-19, except in the context of a clinical trial</li> </ul>                   |  |
| Nitazoxanide  | <ul> <li>In vitro activity against SARS-CoV-2 and other coronaviruses but no clinical outcomes data specific to COVID-19</li> <li>Failed to demonstrate benefit when added to standard care in randomized controlled trial of patients hospitalized with respiratory viral illness including small number with other coronaviruses</li> </ul>                        |  |
| Oseltamivir   | <ul> <li>No <i>in vitro</i> activity against coronaviruses</li> <li>Should only be used in influenza is suspected or confirmed</li> </ul>  |  |
| Ribavirin   | <ul> <li>Some data from other coronaviruses suggest synergy when given withlopinavir/ritonavir</li> <li>No definitive evidence of benefit against SARS-CoV-2 <i>in vivo</i>, and risk of toxicity with higher doses that were used for SARS and MERS outweigh potential benefit</li> </ul>   |  |
| <b>Other antiretrovirals</b><br>(e.g. abacavir,<br>boosted darunavir,<br>tenofovir) | <ul> <li>Ongoing clinical trials with darunavir/cobicistat but no <i>in vitro</i> or clinical outcomes data</li> <li>Other agents such as abacavir, tenofovir, and nelfinavir have been proposed, but not enough data to support use at this time</li> </ul>   |  |
| Due to lack of efficac<br>specific treatment of                                     | y data and/or evidence of potential harm, the therapies above are not recommended for <u>the</u><br><u>COVID-19</u> at this time, unless otherwise indicated (Table 4)   |  |

• Of note, <u>Vitamin C, Vitamin D, zinc, nor any medications listed in Tables 2-3 have been shown to prevent COVID-19</u>

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#### Appendix A: Request for Remdesivir Therapy

- Remdesivir is a non-FDA approved agent manufactured by Gilead Sciences.
- OSUWMC is not enrolled in remdesivir clinical trials; therefore, the mode of acquisition via the <u>compassionate use</u> or allocated supply under the <u>emergency use authorization (EUA)</u>.
- The compassionate use program is an application process directly through the manufacturer and allows for single patient use of product. The manufacturer will ship medication to OSUWMC if approved.
- **Compassionate use is only available for pregnant patients with dyspnea** at this time. Consideration will be made by the Triage Team for emergency use authorization supply to expedite therapy initiation in pregnant patients.
- The emergency use authorization allows for use in adults with proven COVID-19 infections with O<sub>2</sub> < 94% on room air, requiring supplemental oxygen *or* mechanical ventilation *or* ECMO.
- Emergency use authorization *does* allow for inclusion in clinical trials (unless otherwise stated within the study protocol) and use of other COVID adjunctive therapies (e.g. convalescent plasma, tocilizumab).
- Refer to the <u>Fact Sheet for Health Care Providers Emergency Use Authorization (EUA) of Remdesivir</u> for more information on this therapy.

#### **Request Process**

Treating provider should follow each step below and then refer to Table 5 or 6 depending on approved supply.

#### (1) Treating physician determines if patient meets ineligibility criteria

Ineligibility criteria:

- Known hypersensitivity to remdesivir
- ALT  $\geq$  5 x UL of normal
- eGFR < 30 mL/minute calculated using the Cockcroft-Gault Equation (unless benefit outweighs risk)
- Mechanical ventilation > 14 days AND a negative current COVID-19 lower respiratory sample
- Improving on current treatment/supportive regimen(s) as evidenced by improving oxygenation, and/or impending discharge
- Patients in whom the clinical team believes death is in the immediate short-term and administration of remdesivir is unlikely to change the clinical outcome

#### (2) Physician enters IHIS orders

- IP Infectious Diseases (if not already placed, reason for consult: "remdesivir")
- IP Pharmacy (reason for consult: "other please specify", specify "remdesivir")
- (3) Triage Team reviews request 1-2 times daily7 days/week
  - Patient eligibility is determined by Team using the following criteria (Tier I, II, III)
- Tier I. COVID+ patients with respiratory symptoms (e.g., new cough, dyspnea, or hypoxia) less than or equal to 10 days and:
  - Pregnancy OR New and/or progressive requirement of supplemental oxygen defined as at least ≥ 4 LPM nasal cannula OR Mechanical ventilation ≤ 72 hours
  - Tier II. When sufficient supply of 220 vials (i.e., 20 patients) on hand and uncertain supply chain:
  - COVID+ patients AND Pregnancy with respiratory symptoms (e.g., new cough, dyspnea, or hypoxia) greater than 10 days
     OR
  - Respiratory symptoms (e.g., new cough, dyspnea, or hypoxia) for 10 to 14 days AND new and/or progressive requirement of supplemental oxygen defined as at least ≥4 LPM nasal cannula including ≤ 72 hours mechanical ventilation OR
  - o Any new and/or progressive supplemental oxygen requirement (including
  - mechanical ventilation <72h) up to day 14 since respiratory symptom (e.g., new cough, dyspnea, or hypoxia) onset AND High risk requiring a high-risk score determined by the Calculation Tool for Predicting Critically-III COVID-19
     </li>
     (http://118.126.104.170/) at Admission<sup>1</sup>

OR

0

•

- Identified as having two or more high risk factors as defined by the CDC for developing severe illness from COVID-19:
  - People age > 65
  - People with chronic lung disease, including COPD, asthma, interstitial lung disease, cystic fibrosis
  - People with cardiac disease, including coronary artery disease, congestive heart failure, implanted cardiac device
  - People with BMI > 30
  - People with DM
  - People who are immunocompromised (i.e., active chemotherapy, bone marrow or organ transplantation, immune deficiency, poorly controlled HIV or AIDS)
  - People with hemoglobin disorders such as sickle cell disease and thalassemia



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#### **Request Process**

- Tier III. When sufficient supply of 1100 vials (i.e., 100 patients) on hand and uncertain supply chain:
  - COVID+ patients at any illness duration with new or/and progressive requirement of supplemental oxygen defined as at least ≥ 4 LPM nasal cannula but NOT requiring mechanical ventilation.
- Outcome will be provided in a written progress note and
- Communicated directly to the primary team
- Approval is valid for 24 hours, beyond which time re-evaluation by the Committee would be needed
- See expanded access or compassionate use sections for additional information if approved

#### Table 5: Steps for Remdesivir EUA Ordering and Monitoring Following Approval

#### (1) Informed Consent (Do not obtain consent until after approval)

- The treating physician must confirm *verbal* consent with the patient or legally authorized representative (LAR). A prisoner can provide *verbal* consent if able, if unable to consent, the warden may be contacted to consider consent. The following specific verbiage should be documented in the chart:
  - Patient/LAR given the Fact Sheet for Patients and Parents/Caregivers(English/Spanish)
  - o Patient/LAR was informed of alternatives to remdesivir
  - o Patient/LAR was informed that remdesivir is an unapproved drug authorized under EUA
- If consent cannot be obtained from the patient and LAR cannot be identified, an ethics consult should be placed

#### (2) Ordering Process

- After verbal consent is documented, the treating physician should page the ASP pharmacist (x9394) to request placement of the remdesivir order
- Remdesivir orders are only visible to pharmacists

#### (3) Clinical Monitoring

- Baseline chemistries and hepatic function panel prior to beginning remdesivirtherapy.
  - Daily serum creatinine and hepatic function panel throughout course
  - Discontinue therapy if ALT > 5 x UL of normal OR ALT elevation with liver dysfunction
- The Infectious Diseases team will assess the patient on treatment day 5 and recommend continuing or discontinuing therapy based on clinical response

#### (4) Mandatory Medication Error and Adverse Event Reporting

- The treating physician is responsible for responding to requests from the FDA and reporting adverse drug events within 7 days of the onset of the event
- This report can be submitted online to <u>FDA MedWatch</u> AFTER a <u>data release</u> is granted by the institution. The description section of the report should denote "Remdesivir under EUA." A copy of the MedWatch form should also be forwarded to Gilead: <u>safety\_fc@gilead.com</u>.
- Adverse events that must be reported:
  - Death or life-threatening adverse event
  - Inpatient hospitalization or prolonging of existing hospitalization
  - o A persistent or significant incapacity or substantial disruption of the ability to conduct normal life functions
  - A congenital anomaly/birth defect
  - A medical or surgical intervention to prevent death, a life-threatening event, hospitalization, disability, or congenital anomaly
- An alternative to reporting to the FDA and manufacturer directly is allowing the medication safety team to do this on behalf of a provider. Submit a report in the <u>Patient Safety Reporting</u>
- System to initiate the process. Use the event type 'Adverse Drug Reaction'.
- Medication errors should be reported through the <u>Patient Safety Reporting System</u> as well.



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| Table 6. Steps for Remdesivir Compassionate Use Ordering and Monitoring Following Approval |   |  |
|--|---|--|
|  | <ul> <li>If the patient has been approved for compassionate use supply, the treating physician should submit a compassionate use request on behalf of the patient to Gilead at <a href="https://rdvcu.gilead.com/">https://rdvcu.gilead.com/</a></li> <li>Once the request is submitted, Gilead will be in communication with the provider to approve or decline use and to request additional information         <ul> <li>ASP/ID will assist the treating physician with these steps to ensure completeness and the requirements for ongoing data submission and adverse event reporting are met</li> </ul> </li> </ul> |  |
|  | • For shipment of remdesivir use the following information when completing the form:  |  |
|  | <ul> <li>Pharmacy/Hospital Name: The Ohio State University Medical Center</li> </ul>  |  |
|  | <ul> <li>Pharmacist/Pharmacy Contact Name: Investigational Drug Service</li> </ul>  |  |
| <b>Compassionate Use</b>   | o Address:  |  |
| •••••  | <ul> <li>Investigational Drug Service</li> </ul>  |  |
|  | 460 W. 10 <sup>th</sup> Avenue, Room C150N Columbus,  |  |
|  | Ohio 43210  |  |
|  | o Email: <u>pharmacy.ids@osumc.edu</u>  |  |
|  | o Phone: 614-293-4560   |  |
|  | o Cell Phone: 614-293-3312 (central pharmacy)   |  |
|  | <ul> <li>For after-hours assistance with drug receipt, see service coverage for IDS on-call or page 614-730-4615</li> <li>For more information regarding the compassionate use process in general, please refer to the <u>OSUWMC Expanded Use ("Compassionate Use") of Investigational Products</u> guideline</li> </ul>  |  |



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- Infectious Disease
- Pharmacy

#### Approved by

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# **COVID-19: Antimicrobial Treatment Guideline**

- Recommendations below are meant to inform clinicians until further guidance becomes available from organizations such as the National Institutes of Health (NIH), Centers for Disease Control and Prevention (CDC) and World Health Organization (WHO). Data surrounding treatment is rapidly evolving and these recommendations are subject to change.
- Currently no FDA-approved medication therapies are directed specifically at COVID-19. The mainstay of treatment for most patients consists of supportive care and appropriate infection prevention and controlmeasures.
  - o See the Inpatient Evaluation and Management Guidelines for COVID-19 for additional information

| Table 1: Treatment Recommendations for Highly Suspected / Confirmed COVID-19            |  |   |  |  |
|---|--|---|--|--|
| Setting / Severity of Illness   | Description  | Treatment   |  |  |
| Outpatients   | All outpatients  | - Supportive care   |  |  |
| Inpatients Mild Disease   | Inpatients without pneumonia and SpO2 > 94% on room air  |   |  |  |
| Inpatients Severe Disease   | Inpatients with SpO2 < 94% on room air;<br>requiring supplemental oxygen,<br>mechanical ventilation, or ECMO | Consider treatment and/or enrollment in clinical trial(s) |  |  |
| Treatment recommendations recordless of any comprisidities, or immunocompremised status |  |   |  |  |

# Treatment recommendations regardless of age, comorbidities, or immunocompromised status

| Table 2: Adjunctive Antimicrobial Therapies to Consider in Patient Meeting Criteria for Treatment |  |  |  |  |
|---|--|--|--|--|
| Medication  | Dose   | Indication for Use   | Additional Information   |  |
| Remdesivir  | 200 mg IV for 1 day<br>Then 100 mg IV daily<br>for 4 – 9 days (Refer to<br>Table 5 in Appendix A)<br>No adjustment for renal<br>impairment/ ECMO | <ul> <li>Non-FDA-approved agent<br/>available via emergency<br/>use authorization</li> </ul> | <ul> <li>See Appendix A for additional<br/>information on how to obtain this<br/>product</li> <li>Baseline and daily serum creatinine<br/>and hepatic function labs required</li> <li>Avoid combination therapy with<br/>hydroxychloroquine/ chloroquine due<br/>to in vitro antagonism</li> <li>The clinical relevance of in vitro CYP drug-<br/>drug interactions has not been<br/>established.</li> </ul> |  |

| Table 3: Other Therapies for Consideration in Patients Meeting Criteria for Treatment  |  |  |
|--|--|--|
| Convalescent<br>Plasma   | Refer to <u>Convalescent Plasma Expanded Access Program Workflow</u> for<br>information regarding eligibility, patient consent, and the approval process   |  |
| Non-Antimicrobial<br>Medications   | <ul> <li>Additional recommendations for non-antimicrobial medications associated with complications<br/>and comorbidities linked to COVID-19 (e.g. IVIG, tocilizumab, corticosteroids, ACEI/ARBs, NSAIDS,<br/>etc.) refer to the <u>Inpatient Evaluation and Management Guideline</u></li> </ul> |  |
| Refer to the <u>COVID-19 Clinical Trials Document</u> for information regarding other potential therapies, including points of contact and inclusion/exclusion criteria. |  |  |



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| Table 4: Antimicrobial Therapies NOT Currently Recommended  |   |  |
|---|---|--|
| Medication  | Comments  |  |
| Azithromycin  | <ul> <li>Insufficient data to support use</li> <li>Open label study (n=80) suggested benefit when given in combination with hydroxychloroquine, but many patients were asymptomatic or had upper respiratory symptoms only, and only 15% were febrile or requiredoxygen</li> <li>Previous study in MERS showed no benefit on mortality or viral clearance</li> </ul>  |  |
| Baloxavir marboxil  | <ul> <li>No evidence to support use and potential for adverse effects, including severe and sometimes fatal<br/>hypersensitivity reactions</li> </ul>   |  |
| Chloroquine/<br>Hydroxychloroquine  | Not recommended for prophylaxis or treatment of SARS-CoV-2 outside of a clinical trial  |  |
| Interferon  | <ul> <li>No definitive evidence of benefit against SARS-CoV-2 and other coronaviruses and significant<br/>potential for adverse effects</li> </ul>  |  |
| lvermectin  | <ul> <li>In vitro activity against SARS-CoV-2 and other viruses, but no clinical outcomes data specific to COVID-19 to suggest safety or efficacy</li> <li>Based on <i>in vitro</i> findings, significantly higher doses than usually given would be required to achieve adequate serum concentrations</li> </ul>   |  |
| Lopinavir/ritonavir   | <ul> <li>No definitive evidence of benefit against SARS-CoV-2 <i>in vivo</i></li> <li>Available data has shown high rates of patient intolerance</li> <li>The NIH guidelines recommend against the use of lopinavir/ritonavir or other HIV protease inhibitors for the treatment of COVID-19, except in the context of a clinical trial</li> </ul>  |  |
| Nitazoxanide  | <ul> <li>In vitro activity against SARS-CoV-2 and other coronaviruses but no clinical outcomes data specific to COVID-19</li> <li>Failed to demonstrate benefit when added to standard care in randomized controlled trial of patients hospitalized with respiratory viral illness including small number with other coronaviruses</li> </ul>   |  |
| Oseltamivir   | <ul> <li>No <i>in vitro</i> activity against coronaviruses</li> <li>Should only be used in influenza is suspected or confirmed</li> </ul>   |  |
| Ribavirin   | <ul> <li>Some data from other coronaviruses suggest synergy when given with lopinavir/ritonavir</li> <li>No definitive evidence of benefit against SARS-CoV-2 <i>in vivo</i>, and risk of toxicity with higher doses that were used for SARS and MERS outweigh potential benefit</li> </ul>   |  |
| <b>Other antiretrovirals</b><br>(e.g. abacavir, boosted<br>darunavir, tenofovir)  | <ul> <li>Ongoing clinical trials with darunavir/cobicistat but no <i>in vitro</i> or clinical outcomes data</li> <li>Other agents such as abacavir, tenofovir, and nelfinavir have been proposed, but not enough data to support use at this time</li> <li>The NIH guidelines recommend against the use of these agents for the treatment of COVID-19, except in the context of a clinical trial</li> </ul> |  |
| <ul> <li>Due to lack of efficacy data and/or evidence of potential harm, the therapies above are not recommended for <u>the specific</u><br/><u>treatment of COVID-19</u> at this time, unless otherwise indicated (Table 4)</li> <li>Of note Vitamin D zine, per gruppedieteline listed in Tables 2.2 have been shown to expect COVID 12.</li> </ul> |   |  |

• Of note, <u>Vitamin C, Vitamin D, zinc, nor any medications listed in Tables 2-3 have been shown to prevent COVID-19</u>

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#### **Appendix A: Remdesivir Approval Process**

- Remdesivir is a non-FDA approved agent manufactured by Gilead Sciences.
- OSUWMC is not enrolled in remdesivir clinical trials; therefore, the mode of acquisition is via <u>emergency use</u> <u>authorization (EUA)</u>.
- The emergency use authorization allows for use in adults with proven COVID-19 infections with O<sub>2</sub> < 94% on room air, requiring supplemental oxygen or mechanical ventilation or ECMO.
- Emergency use authorization *does* allow for inclusion in clinical trials (unless otherwise stated within the study protocol) and use of other COVID adjunctive therapies (e.g. convalescent plasma, tocilizumab).
- Refer to the <u>Fact Sheet for Health Care Providers Emergency Use Authorization (EUA) of Remdesivir</u> for more information on this therapy.

#### **Approval Process**

#### (1) Infectious Diseases Consult Team determines if patient meets *ineligibility* criteria

#### Ineligibility criteria:

- Known hypersensitivity to remdesivir
- ALT  $\geq$  5 x UL of normal
- eGFR < 30 mL/minute calculated using the Cockcroft-Gault Equation (unless benefit outweighs risk)
- Mechanical ventilation > 14 days AND a negative current COVID-19 lower respiratory sample
- Improving on current treatment/supportive regimen(s) as evidenced by improving oxygenation, and/or impending discharge
- Patients in whom the clinical team believes death is in the immediate short-term and administration of remdesivir is unlikely to change the clinical outcome

# (2) Infectious Diseases Consult Team assesses <u>eligibility</u> against institutionally approved criteria for use and documents approval using templated progress note.

**Tier I.** COVID+ patients with respiratory symptoms (e.g., new cough, dyspnea, or hypoxia)  $\leq$  to 10 days **AND**:

- Pregnancy **OR**
- New and/or progressive requirement of supplemental oxygen defined as at least ≥ 4 LPM nasal cannula **OR**
- Mechanical ventilation

Tier II. When sufficient supply of 220 vials (i.e., 20 patients) on hand and uncertain supply chain:

- COVID+ patients AND
  - Pregnancy with respiratory symptoms (e.g., new cough, dyspnea, or hypoxia) greater than 10 days **OR**
  - Respiratory symptoms (e.g., new cough, dyspnea, or hypoxia) for 10 to 14 days AND new and/or progressive requirement of supplemental oxygen defined as at least ≥ 4 LPM nasal cannula including ≤ 72 hours mechanical ventilation OR
  - Any new and/or progressive supplemental oxygen requirement (including mechanical ventilation <72h) up to day 14 since respiratory symptom (e.g., new cough, dyspnea, or hypoxia) onset AND</li>
    - High risk requiring a high-risk score determined by the Calculation Tool for Predicting Critically-Ill COVID-19 (<u>http://118.126.104.170/</u>) at Admission<sup>1</sup> OR
    - Identified as having 2 or more high risk factors as defined by the CDC for developing severe illness from COVID-19: Age > 65; Chronic lung disease, including COPD, asthma, interstitial lung disease, cystic fibrosis; Cardiac disease, including coronary artery disease, congestive heart failure, implanted cardiac device; BMI > 30; Diabetes Mellitus; Immunocompromised (i.e., active chemotherapy, bone marrow or organ transplantation, immune deficiency, poorly controlled HIV or AIDS); Hemoglobin disorders such as sickle cell disease and thalassemia

Tier III. When sufficient supply of 1100 vials (i.e., 100 patients) on hand and uncertain supply chain:

 COVID+ patients at any illness duration with new or/and progressive requirement of supplemental oxygen defined as at least ≥ 4 LPM nasal cannula but NOT requiring mechanical ventilation.

#### (3) Remdesivir Approval Committee Role

- The Remdesivir Review Committee, a sub-committee of the OSUWMC Scarce Resource Allocation Committee, will evaluate remdesivir candidates for approval if the remdesivir supply reaches a critical level (e.g., 20 courses/220 doses) or in the following scenarios:
  - o Patients questionably meeting institutional criteria at the request of the ID or primary team provider
  - Disagreements between primary and ID teams on appropriateness at the request of either provider
  - Transfers for RDV where patient doesn't meet institutional criteria at the request of either provider



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| Table 5: Steps for Remdesivir EUA Ordering, Monitoring and Duration of Therapy |  |  |  |  |
|--|--|--|--|--|
| Step   | Additional Details   |  |  |  |
| (1) Informed<br>Consent<br>Do not obtain<br>consent until<br>after approval    | <ul> <li>The treating physician must confirm <i>verbal</i> consent with the patient or legally authorized representative (LAR). A prisoner can provide <i>verbal</i> consent if able; if unable to consent, the warden may be contacted to consider consent. The following specific verbiage should be documented in the chart:         <ul> <li>Patient/LAR given the Fact Sheet for Patients and Parents/Caregivers (English/Spanish)</li> <li>Patient/LAR was informed of alternatives to remdesivir</li> <li>Patient/LAR was informed that remdesivir is an unapproved drug authorized under EUA</li> </ul> </li> <li>If consent cannot be obtained from the patient and LAR cannot be identified, an ethics consult should be placed</li> </ul>   |  |  |  |
| (2) Ordering<br>Process  | <ul> <li>After verbal consent is documented, the remdesivir order can be placed by the treating physician</li> <li>The verifying pharmacist will confirm chart documentation of (1) Infectious Diseases approval AND (2) verbal consent BEFORE verifying the order and dispending remdesivir</li> </ul>  |  |  |  |
| (3) Clinical<br>Monitoring   | <ul> <li>Baseline chemistries and hepatic function panel prior to beginning remdesivir therapy.</li> <li>Daily serum creatinine and hepatic function panel throughout course</li> <li>Discontinue therapy if ALT &gt; 5 x UL of normal OR ALT elevation with liver dysfunction</li> </ul>  |  |  |  |
| (4) Duration of<br>Therapy   | <ul> <li>All patients meeting criteria for remdesivir should complete at least 5 days of therapy, with the following exceptions:         <ul> <li>Contraindicated due to laboratory abnormalities or adverse drug event</li> <li>Patient is well enough for hospital discharge prior to completing 5 days</li> </ul> </li> <li>Patients may receive up to 10 days of remdesivir therapy with duration to be determined based on clinical status and O2 requirements         <ul> <li>Examples include ICU patients requiring high-flow oxygen, noninvasive ventilation, mechanical ventilation, or ECMO</li> <li>If continued beyond 5 days in any patient, clinical status should be assessed daily thereafter with drug discontinuation occurring when clinical improvement is observed and the patient requires &lt; 4 LPM nasal cannula for at least 24 hours.</li> </ul></li></ul>  |  |  |  |
| (5) Mandatory<br>Medication Error<br>and Adverse<br>Event Reporting            | <ul> <li>The treating physician is responsible for responding to requests from the FDA and reporting adverse drug events within 7 days of the onset of the event</li> <li>This report can be submitted online to FDA MedWatch AFTER a data release is granted by the institution. The description section of the report should denote "Remdesivir under EUA." A copy of the MedWatch form should also be forwarded to Gilead: safety fc@gilead.com.</li> <li>Adverse events that must be reported: <ul> <li>Death or life-threatening adverse event</li> <li>Inpatient hospitalization or prolonging of existing hospitalization</li> <li>A persistent or significant incapacity or substantial disruption of the ability to conduct normal life functions</li> <li>A congenital anomaly/birth defect</li> <li>A medical or surgical intervention to prevent death, a life-threatening event, hospitalization, disability, or congenital anomaly</li> </ul> </li> <li>An alternative to reporting to the FDA and manufacturer directly is allowing the medication safety team to do this on behalf of a provider. Submit a report in the Patient Safety Reporting System to initiate the process. Use the event type 'Adverse Drug Reaction'.</li> </ul> |  |  |  |

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#### Authors

Antimicrobial Stewardship Program (ASP)

#### Department(s)

- Infectious Disease
- Pharmacy

#### Approved by

Pharmacy & Therapeutics Executive/MUE

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